



Polar Communications Press Release
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FOR IMMEDIATE RELEASE

Polar's 2004 NTCA Youth Tour Participant Named

PARK RIVER, ND – May 20, 2004 – Megan Myrdal of Park River has been chosen to represent Polar Communications Corp. at the National Telephone Cooperative Association (NTCA) Annual Youth Tour June 5-9, 2004 in Washington, D.C. This program is designed for students who are juniors in high school and whose parents or guardians receive service from an NTCA member. To qualify each participant was asked to write a one-page essay on telecommunications. The board of directors of Polar Communications authorized the sponsoring of one participant from our service territory.

The students receive an expense paid trip to Washington, D.C. where they begin five days of activity with visits to Congress, sessions on rural telecommunications at the Federal Communications Commission, Rural Utilities Service and other government agencies, visiting famous landmarks of D.C. and eating places enjoyed by young people. The students get the opportunity to experience our nation's capital as well as meet other students from all over the United States.

Megan's parents are Harold and Char Myrdal of Park River. Congratulations Megan and enjoy your trip.



Megan Myrdal
2004 Youth Tour Winner